

Weightlifting Tasmania Inc

COVID-19 Safety Plan



Coaches

Must:

- Not attend if unwell in the last 14 days
- If unwell at event, notify COVID Supervisor and leave
- Hand hygiene as per the PHS poster information
- Utilise sanitising stations as provided
- Enter/leave warmup area as soon as practicable
- Clean equipment (computer, desk, flag) between sessions
- Sanitise hands on entry and exit of the warmup area
- Maintain social distancing measures as per PHS poster as practically as possible (e.g, 1.5m separation)
- Refrain from social gathering post event or session