



# State Competitions and Awards Policy

## 1) Objectives

The primary objectives of this State Competitions and Awards policy are to:

- Provide smoothly run, quality competitions for the enjoyment of the competitors, spectators and the WTI membership base.
- Ensure that all awards are handed out correctly in accordance with the corresponding event awards criteria, and at the appropriate time.

## 2) General Rules for Staging Competitions

- Competitions must have a minimum of 3 lifters.
- All state championship events may be held in conjunction with Presidents Cup competitions, therefore allowing athletes to compete who are outside the championship's qualification standards.
- When a state championship is held in conjunction with a Presidents Cup round, sessions 1 and 2 are reserved for the state championship.
- Should the need arise, sessions can include male and female athletes competing co-jointly.
- Sessions for non-qualified lifters will be held separately to a state championship
- It is desirable for the venue to include a canteen or have a nearby eating venue.

## 3) Age Group Events

- Except for Masters athletes, ages are taken from 1st January for determining eligibility to compete in an age restricted championship. For instance, if an athlete turns 17 on the 1st January, the athlete will be eligible to compete at Under 17 level for the whole of that calendar year.
- An athlete is eligible to compete in a Masters event the year which they turn 35. As age group categories for Masters are in 5 year bands e.g. 35-39, 40-44, 45-49, etc, a Masters athlete who is 39 on 1<sup>st</sup> January but turns 40 during the year will compete in the 40-44 age group.

## 4) Roles and Responsibilities

### The Competition Director

It is the responsibility of the Competition Director (assisted by the other competition and session officials) to ensure that:

- All policies and procedures of WTI and the AWF regarding competitions are adhered to.
- All AWF and IWF regulations should be upheld to the highest standard realistically attainable.
- A 4m x 4m competition raised platform or taped area is ready for the start of the competition
- An adequate number of warm-up platforms are available for competitors
- An IWF authorized set of competition bars and plates is provided for the competition platform.
- All training platforms should have adequate bars, weight plates and collars.
- An electronic timing system and display is available for use.
- An electronic refereeing system is available for use
- White and red flags are available for referees to use.
- Chalk (magnesium carbonate) is available in sufficient quantity for use by competitors
- Adequate seating is available for officials, competitors and spectators.
- Toilet and change-room facilities are available within close proximity.
- Accurate and officially certified scales for the weigh-in are available. (Certification must be within previous 12 months).
- Publish a 1<sup>st</sup> draft of the competition program with a preliminary list of participants not less than 10 days before the competition
- Allocate lot numbers to competitors in all state championships on a fair basis (e.g. random number generator) and utilise lot numbers to allocate athlete start number for weigh-in order, competitors' card and competition management software
- Advise prospective competition participants that if entries reach or exceed 50, the competition will be held over two days.
- All officials are financial members of Weightlifting Tasmania
- Accept for him/herself or delegate the task of uploading results to the AWF online database with 3 days of the event conclusion.

### The WTI Board

It is the responsibility of the WTI Board to ensure that:

- Competition entry costs, deadlines, rules, grading standards and other requirements are promoted via the WTI Facebook page and WTI website.
- Competition rules are available for all prospective participants, coaches and officials to view and download via the WTI website.
- Competition dress standards for competitors are available via the WTI website

- Systems which allow prospective participant to pay competition entry fees are kept updated.

## **The Competitor**

It is the responsibility of competitors to:

- Pay entry fees by the deadline given for the competition.
- Pay the Annual Membership Fee of Weightlifting Tasmania Inc for the year in which they compete or alternatively to have paid the Single Competition Membership Fee.
- Fully complete the Annual Membership form or Single Competition Membership form including sections relating to Doping Control.
- Comply with required dress standard as published on WTI Website.

## **5) Competition Fees and Entries**

Competitors must submit entries by the advertised deadline which will be 10:00pm Friday, two weeks before the first session of any specific competition.

The competition entry fee for all competitions should be paid by the close of entries (same deadline, see above) unless extenuating circumstances apply. Such extenuating circumstances should be communicated to the WTI Treasurer by the close of entries.

Competition fees will be decided upon by the WTI board and circulated to the membership at large prior to the first competition of a competition season and may be subject to change each year.

WTI members and non-members who have entered and paid the fee to compete in a round of the Presidents Cup who wish to withdraw from the competition must:

- Send an email to the competition director, WTI Secretary ([office@weightliftingtas.com](mailto:office@weightliftingtas.com)) or WTI Treasurer ([wtitreasurer@gmail.com](mailto:wtitreasurer@gmail.com)) no later than 5pm on the Wednesday prior to the first day of competition, outlining the reason they wish to withdraw.
- Non-members must have also completed at the time of entry, a Single-Competition Entry Form, and have forwarded this to the WTI Secretary or Treasurer.

If reason for withdrawal is in regard to a medical condition, acquired injury or family emergency, and the above criteria has been complied with, the withdrawing competitor will automatically be given entry into the following Presidents Cup competition.

If the reason for withdrawal falls outside the above, the matter will be put before the WTI Board for consideration.

No financial refund will be given.

## **6) Trophies and awards (All events)**

All perpetual trophies/cups/shields must be returned the following year to Weightlifting Tasmania Inc. no later than the competition preceding the Presidents Cup final and awards function in which

the trophies/cups/shields are to be awarded.

It is the responsibility of the nominated WTI delegate to ensure that all perpetual trophies are engraved to current year prior to the annual awards function. WTI will reimburse the delegate for any personal costs that arise from this task.

All perpetual awards are in the care of the athlete, or athlete's family in the case of minors, who won them. Any damage that occurs to the perpetual awards is the responsibility of the athlete. If not fixed prior to their returning, athletes may be invoiced to cover the cost of the damage. Please notify the WTI Secretary via email at [office@weightliftingtas.com](mailto:office@weightliftingtas.com) if damage occurs as WTI may choose to cover the costs.

## **7) Competitions Events**

### **Pre-requisite for State Team selection**

Participation in a relevant State Championship is a pre-requisite of selection into a state representative team at National Championships.

### **State Senior Championships**

To compete in a State Senior Championships, lifters must have previously achieved (during the current or previous calendar year) the following qualifying standard:

- In the case of both Senior Males and Females, the current AWF 'I' standard. Changes to this standard, if they occur, will be notified via the WTI website.

Remove existing paragraph:

An athlete can compete at a bodyweight category that is either lighter or heavier than they have nominated at the close of entries, provided they have qualified at that bodyweight category in the current or previous calendar year.

Insert following

- All athletes qualifying for state championships be given the opportunity to lift in the championship sessions,
- If an athlete competes at a different bodyweight class that they qualified in, and achieves the qualifying standard on the day for that bodyweight category, they can win a medal,
- If an athlete competes at a different bodyweight class than they qualified in, and does not achieve the qualifying standard on the day for that bodyweight category, they cannot win a medal.

The State Senior Championships is the WTI selection event for the state team which will have the opportunity to compete at the national championship event.

### **Trophies**

The following trophies are based on the Sinclair points achieved on the day(s) of the State Senior

Championships.

- Perpetual Best Open Male
- Replica Best Open Male
- Perpetual Best Open Female
- Replica Best Open Female

Lifters who win the events shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

Perpetual trophies shall be presented at the end of year function.

Individual replica trophies shall be awarded at the conclusion of the event.

## **Medals**

The following medals are awarded based on the total weight lifted during the day(s) of the State Senior Championships.

- Senior Male 1st - 3rd for each bodyweight division
- Senior Female 1st - 3rd for each bodyweight division

Medals shall be awarded at the conclusion of the State Senior Championships.

## **State Junior (U20) and Under 23 Championships**

To compete in the State Junior Championships, athletes (male and female) must have achieved the current AWF 'K' standard during the current or previous calendar year.

To compete in the State Under 23 Championships, athletes (male and female) must have achieved the current AWF 'J' standard during the current or previous calendar year.

Remove existing paragraph:

An athlete can compete at a bodyweight category that is either lighter or heavier than they have nominated at the close of entries, provided they have qualified at that bodyweight category in the current or previous calendar year.

Insert following

- All athletes qualifying for state championships be given the opportunity to lift in the championship sessions,
- If an athlete competes at a different bodyweight class that they qualified in, and achieves the qualifying standard on the day for that bodyweight category, they can win a medal,
- If an athlete competes at a different bodyweight class than they qualified in, and does not achieve the qualifying standard on the day for that bodyweight category, they cannot win a medal.

The State Junior and Under 23 Championships is the WTI selection event for the state teams which will have the opportunity to compete at the respective national championship event.

## **Trophies**

The following trophies are awarded based on the Sinclair points achieved on the day(s) of the Junior and Senior Championships.

- Perpetual Best Under 23 Male,
- Replica Best Under 23 Male,
- Perpetual Best Under 23 Female
- Replica Best Under 23 Female,
- Perpetual Best Junior Male,
- Replica Best Junior Male,
- Perpetual Best Junior Female,
- Replica Best Junior Female.

Lifters who win the events shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

Junior lifters who place 1st in the Under 23 competition will be given the choice to either accept the Under 23 trophy or the Junior trophy (not both). In either case, the next best lifter in the division will receive the other trophy.

Perpetual trophies shall be awarded at the end of year function.

Individual replica trophies shall be awarded at the conclusion of the event.

## **Medals**

The following medals are awarded based on the total weight lifted in each body weight category during the day(s) of the Junior and Under 23 Championships.

- Under 23 Male 1st - 3rd for each bodyweight division
- Under 23 Female 1st - 3rd for each bodyweight division
- Junior Male 1st - 3rd for each bodyweight division
- Junior Female 1st - 3rd for each bodyweight division

Medals shall be awarded at the conclusion of the Junior and Under 23 Championships.

## **State U/15 and Youth Championships**

There is no qualifying standard to compete in the State U/15 and Youth Championships, however, a lifter must have competed in a minimum of 1 AWF endorsed event during the current or previous calendar year.

The U/15 and Youth Championships are the WTI's selection event for the state teams which will have the opportunity to compete at the respective national championship event.

## **Trophies**

The following trophies are awarded based on the Sinclair points achieved on the day(s) of the U/15 and Youth Championships.

- Perpetual Best Youth Male,
- Replica Best Youth Male trophy,
- Perpetual Best Youth Female,
- Replica Best Youth Female Trophy,
- Perpetual Best U/15 Male,
- Replica Best U15 Male trophy
- Perpetual Best U/15 Female,
- Replica U15 Female Trophy.

Lifters who win the events shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

U/15 lifters who place 1st in the Youth competition will be given the choice to either accept the U/15 trophy or the Youth trophy (not both). In either case, the next best lifter in the division will receive the other trophy.

Perpetual trophies shall be awarded at the end of year function.

Individual replica trophies shall be awarded at the conclusion of the event.

## Medals

The following medals are awarded based on the total weight lifted in each body weight category during the day(s) of the Under 15 and Youth Championships.

- Under 15 Male 1st - 3rd for each bodyweight division
- Under 15 Female 1<sup>st</sup> - 3rd for each bodyweight division
- Youth Male 1st - 3rd for each bodyweight division
- Youth Female 1st - 3rd for each bodyweight division

Medals shall be awarded at the conclusion of the Under 15 and Youth Championships.

## State Master's Championships

There is no qualifying standard to compete in the State Master's Championships, however, a lifter must have competed in a minimum of 1 AWF endorsed event during the current or previous calendar year.

The State Master's Championships are the WTI's selection event for the master state team which will have the opportunity to compete at the national championship event.

## Trophies

The following trophies are awarded based on the Sinclair-Malone-Faber (SMF) points achieved on the day(s) of the **State** Master's Championships.

- Perpetual Best Master Male,
- Replica Best Master Male trophy,
- Perpetual Best Master Female,
- Replica Best Master Female trophy,

Lifters who win the events shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

Perpetual trophies shall be awarded at the end of year function.

Individual replica Trophies shall be awarded at the conclusion of the event.

## Medals

The following medals are awarded based on the Sinclair-Malone-Faber (SMF) points achieved during the day(s) of the Master Championships.

- 1<sup>st</sup> - 3<sup>rd</sup> Male overall
- 1<sup>st</sup> - 3<sup>rd</sup> Female overall

Medals shall be awarded at the conclusion of the Master Championships.

## President's Cup

All President's Cup awards are calculated from the highest 4 Sinclair scores from the current calendar year's sanctioned competitions.

A lifter may use their result from an AWF sanctioned National or International competition that was held within 7 days before or after a WTI competition.

The lifter, or coach, must notify WTI that they wish for their points to be used within 7 days after the national or international competition.

There awards for two categories of "Novice Lifter:

**U17 Athlete:** An athlete who is under 17 and who has not attained AWF 'K' Grade qualifying standard on the 1st of January of the given year.

**Open Age:** An athlete who is 17 or over on the 1<sup>st</sup> Jan and has not attained AWF 'K' Grade qualifying standard on the 1st of January of the given year.

## President's Cup Trophies

- Ron Nylander Cup (Open Male President's Cup),
- Open Male President's Cup Replica,
- Open Male Runner Up,
- Open Male Third Place,
- Open Perpetual Female President's Cup,
- Open Female President's Cup Replica,
- Open Female Runner Up,
- Open Female Third Place,
- Perpetual Under 23 Male President's Cup,
- Perpetual Under 23 Female President's Cup,
- Under 23 Male President's Cup Replica,
- Under 23 Female President's Cup Replica,
- Perpetual Junior Male President's Cup,



- Junior Male President's Cup Replica,
- Perpetual Junior Female President's Cup,
- Junior Female President's Cup Replica,
- Perpetual U17 Novice Male President's Cup,
- U17 Novice Male President's Cup Replica,
- Perpetual U17 Novice Female President's Cup,
- U17 Novice Female President's Cup Replica,
- Perpetual Open Novice Male President's Cup,
- Open Novice Male President's Cup Replica,
- Perpetual Open Novice Female President's Cup,
- Open Novice Female President's Cup Replica,
- Perpetual Master Male President's Cup,
- Master Male President's Cup Replica,
- Perpetual Master Female President's Cup,
- Master Female President's Cup Replica.

Lifters who win the events shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

Novice, Junior or Under 23 lifters who place 1<sup>st</sup> in a division above their own, must only accept the highest-level award. The lifter(s) who place second in the relative division will receive that division's President's cup.

Master lifters who place 1<sup>st</sup> in the Senior President's, must only accept the Senior President's Cup.

The 2<sup>nd</sup> place Master lifter will then receive the Master's President's Cup.

Runners up and third place shall receive a single trophy which will remain permanently in their possession.

## **Cliff Joyce Memorial Competition**

### **Venue**

Where possible, the venue for the Cliff Joyce Memorial Competition should be held in the general Launceston area.

### **Trophies**

The Cliff Joyce Memorial individual trophies are awarded and based off the percentage lifted of the World Senior Record for each individual lifter's weight category on the day of the competition.

The Cliff Joyce Memorial shield is awarded to the lifter who has the highest overall percentage calculation on the day, based on the World Senior Record for each individual lifter's weight category.

- 1<sup>st</sup> – 3<sup>rd</sup> place – Overall
- Perpetual Cliff Joyce Memorial shield.

The Cliff Joyce Memorial competition is a male and female mixed event.

The perpetual shield shall be awarded at the end of year function. The individual trophies shall be

awarded at the conclusion of the competition.

## **Chris Chugg Memorial Competition**

### **Venue**

Where possible, the venue for Chris Chugg Memorial Competition should be held in the general Hobart area.

### **Trophies**

The following trophies are based off the percentage lifted on the day of the World Record for each individual lifter's weight and age category, except for under 23 and masters (e.g. U/15, Youth, Junior, or Senior age groups only).

- 1<sup>st</sup> – 3<sup>rd</sup> place - Overall
- Perpetual Chris Chugg Memorial Trophy.

The Chris Chugg Memorial is a male and female mixed event.

The perpetual trophy shall be awarded at the end of year function.

The individual trophies shall be awarded at the conclusion of the competition.

## **Other State Awards**

### **Most Improved U17 Novice**

The following most improved novice trophies are based on the percentage (%) increase in Sinclair from a novice's first competition during the current calendar year, to their best competition.

- Perpetual Most Improved Novice – Male
- Most Improved Novice Replica – Male
- Perpetual Most Improved Novice – Female
- Most Improved Novice Replica – Female

A **novice lifter** is a lifter who is under the age of 17 and has not attained AWF 'K' grade qualifying standards on the 1st of January of the given year.

Lifters who win the award shall receive both the perpetual trophy, and an individual replica trophy.

Trophies shall be awarded at the end of year function.

### **Best and Fairest**

The following Best and fairest awards are based on accumulative points from every state competition, voted upon by the Best and Fairest voting panel.

- Perpetual Male Best and Fairest,
- Perpetual Female Best and Fairest,
- Male Best and Fairest Replica,
- Female Best and Fairest Replica.
- Overall Best and Fairest Plate.

The voting panel, made up of the 3 referees appointed for each session of lifting, should make impartial judgements based on the following criteria to the best of their capability while considering votes:

- General competition etiquette and good behaviour,
- Positive interactions with other lifters and officials,
- Number of attempts successfully lifted,
- State, and/or national records broken,
- Personal bests and/or Qualifying standards met.

Referees should receive an instruction card prior to the start of the session they adjudicate to inform of how to cast their votes for Best and Fairest.

Male and female athletes who win their respective categories shall receive an individual trophy which will remain permanently in their possession.

The athlete (male or female) with the highest number of votes shall receive the Overall Best and Fairest award perpetual trophy.

Trophies shall be awarded at the end of year function.

**Note:** Please see the Best and Fairest document found at [www.weightliftingtas.com/Resources](http://www.weightliftingtas.com/Resources) for more information.

### **Citizenship Award**

Nominees for the Citizenship award are given to the Secretary by capitated members WTI, along with a brief description as to why the nominee should win the award. The nominations are circulated to the board members who will blind vote in a 3, 2, 1 system (3 votes being the highest, 1 vote being the lowest). The votes will be tallied by the secretary.

The nominee with the highest total votes, will win following the awards.

- Perpetual Citizenship Shield,
- Citizenship Shield Replica.

The criteria for nomination **are** as follows:

- Must be a currently capitated WTI member,
- Has shown devotion and commitment to WTI,
- Has shown willingness to assist in WTI endeavours (E.g. Board assigned tasks, competitions, events, etc.),

Nominations shall be called no later than 4 weeks prior to the end of year function. Entries close 3 weeks prior to the end of year function.

Nominees can also be any member of the WTI board. Any board member who is nominated may not vote for the award.

In the case that there are 4 or less board members able to vote, then the Membership will choose the winner.

Members who win the award shall receive both the perpetual trophy, and a replica trophy which will remain permanently in their possession.

Trophies shall be awarded at the end of year function.